

## UP COMING EVENTS

### Test days

November 30, 2009 (High and Low)  
January 18, 2009 (Low)  
February 25, 2009 (High and Low)  
May 6, 2009 (High and Low)

### Club Events

January 23, 2010—Mini Olympics  
April 10, 2010—Ice Show

### Competitions

January 30-31, 2010-Winter Glitters  
February 12-14, 2010-Synchronized skating  
Regionals  
March 5-7, 2010-March Mania  
April 9-11, 2010-Fun Competition

### CLUB CLOTHING

Does your child/ren need a new pair of skates, tights or skating dress? Why not support your club and get a new "outfit" at the same time! We have a wide range of dresses and skirts in the office for sale. A portion of each sale goes back to the club. Remember Christmas is just around the corner.

*Help support your Club*

### EXTRA TICKET ICE

Skate Canada Pickering Skating Club offers extra ice tickets that skaters can use to skate on a session they are not registered for (skaters may only use them to skate on sessions at their current level, or they may skate down a level).

5 Tickets for \$35.00

Maximum 15 sessions (3 books) per skater per season.

These tickets can be purchased in the office are useful to help skaters better prepare for tests and competitions.

## CHRISTMAS FAMILY SKATE

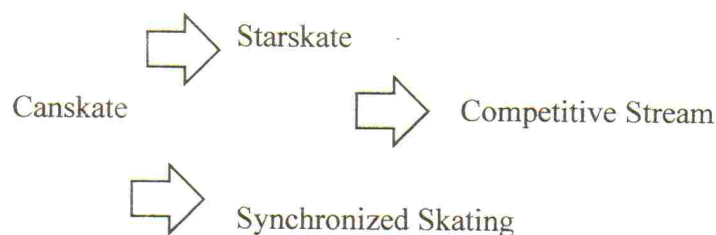
Each year around the holidays Pickering Skating Club invites all of the skaters parents and family members to join them on the ice. These holiday skates will take place from December 17—22, 2009. During this week the skaters will start right away with lessons so allow enough time for the families to enjoy skating with their child/ren. This year we will also have a few skaters from our Starskate program perform some of the programs they are working hard on.



### WHAT IS AFTER CANSKATE?

The Pickering Skating Club offers a variety of programs starting with our Preschool Program right up to our Senior Starskate and Synchronized skating Program. Upon completion of our Canskate Program skaters who wish to continue may move into our Starskate program. The Starskate program contains three levels: Junior, Intermediate and Senior. In the Junior level skaters are introduced to test days. Unlike Canskate where the coaches check off when a skater demonstrate a skill, Juniors are required to learn an element such as: Free skate, Dance, Skills, Elements or Interpretive programs. The skaters will work on these programs and then present them to a Skate Canada judge on a scheduled test day. The Junior program consists of a 15 minute stroking lesson with a profession coach and 15 minute dance session lead by a Program Assistant. The remaining 30 minutes normally include a 15 minute lesson with the skaters private coach and the remaining 15 minutes the skater works individually on their program.

If your child/ren love being on the ice come on into the office and inquire more about our **STARSKATE** program.



### DRESSING ROOMS

Canskate parents are reminded that their dressing room number is 4. We ask that no one except the Starskaters are in dressing room 3, as these young ladies do need to change in order to be ready to assist your child/ren. Thank you for your co-operation.