

## COACHES' CORNER

Your 2009-2010 highly qualified Professional Coaching staff (in alphabetical order):

Linda Donnelly  
Melissa Ens  
Lisa Taylor-Farrell  
Darcy Herring  
Cheryl Hockley  
Troy Hockley  
Jonathan Mills  
Carrie Norman

A special welcome to Jonathan for joining our coaching staff this season.

We would also like to welcome aboard Kailey Trewartha and Rachelle Degenstein as our new Canskate coaches.

Private lessons are available to all skaters in our CanSkate to Senior Starskate programs. Please see the coaching binder in the office for rates and qualifications.

## FUNDRAISING

Skate Canada Pickering Skating Club is a "not for profit" association run solely by volunteers. In order to keep cost down skaters and their families are asked to help give back to the club by doing a minimum of four hours of volunteer work with the club, and a minimum of two Bingos.

Bingo continues to be our largest fundraising opportunity. Without the Bingo our skater/program costs would be significantly higher due to the rising cost of ice (purchased from the City of Pickering). Along with your registration package you received a Bingo sign up sheet. If you have not submitted it please do so as soon as possible. Please keep in mind that we need your commitment to this program. "NO SHOWS" seriously jeopardizes this fundraising program.

## REGISTRATION

Registration is ongoing throughout the season and fees will be prorated for late starts. There are still spots available on some sessions, so come on in and register today.

Registration forms can be downloaded from our website or picked up at the office during Canskate hours.

## PROGRAM ASSISTANTS

Program Assistants are more advanced skaters in our Starskate program. They are volunteers that help out with our Preschool and Canskate programs. New to our Starskate program this year, all skaters in the Starskate program over the age of 12 have been asked to become Program Assistants. This is a great opportunity to give back to the club and be a mentor to the Canskaters. Under the direction of the Canskate Coordinator Linda Donnelly and the session coaches the Program Assistants help to supervise practice sessions while demonstrating and reinforcing skating skills. The Program Assistants also help to lead the warm up and cool down exercises.

As a Program Assistant you start to earn club credits for each hour you volunteer. The skaters receive a club credit certificate with a \$ value and are issued at the end of the season. These credits can be used to help pay for skating fees, competition costs, club wear or test day costs. Program Assistant hours may also be used towards high school community service credits.

To be eligible to be a Program Assistant and a role model for these young skaters you must be 12 years of age or older and in the Junior level or higher.

## PROGRAM ASSISTANTS OF THE MONTH

### Preschool Program Assistants for October

*Monday-Ryan Thomas*  
*Tuesday-Brooke Farrell*  
*Thursday-Amy Wu*  
*Saturday-Arline Killam*  
*Sunday (12) -Arline Killam*  
*Sunday (2)-*

### Canskate Program Assistants for October

*Monday-Kailey Trewartha*  
*Tuesday-Alyssa Jarvis*  
*Thursday-Alexandra Ruhnke*  
*Saturday-Emily Emerson*  
*Sunday (12)-Emma Martin*  
*Sunday (2)-Natasha Calizon*