



Coach Bio – Melissa Ens

My coaching philosophy is to fulfill my love for the sport of figure skating through coaching and to assist other figure skaters to reach their goals and realize their dreams.

Certifications: NCCP Level 1; Current First Aid and Certificate CPR: Primary Care Paramedic.

Test Achieved: Gold level status in Freeskate, Dance and Compulsory Figures; Skating Skills Class 2; Junior Competitive Test.

Experience: Competed at the Subsectional and Sectional level for both Synchronized Skating and Singles Freeskate; Competed at the National level in Synchronized Skating; Competed at the University level; Head Coach for Adult Learn to Skate Programs; Experience working with Special Needs and Difficult Youth.