



Coach Bio – Jennifer Geddes

I have been involved in figure skating for approximately 30 years: Competitive skating for 16 years and coaching professionally (including Lead Coach experience) for 14 years. I have an Honours Bachelor of Physical Education and Health and Psychology degree from the University of Toronto.

My coaching philosophy is to promote safety, pleasure, physical activity and high self-esteem among each skater. I foster cognitive, social and emotional development in my lessons.

My qualifications include:

- NCCP Level 2 Fully Certified
- NCCP Level 3 Theory and Technical (General Subjects + Singles) certification
- Over four years experience coaching skaters with Special Needs
- NCCP Special Olympics Level 1 Theory & Technical certification
- NCCP Special Olympics Level 2 Theory certification
- First Aid & CPR level 'C' certifications
- Passed a Police Clearance Check

I also have experience volunteering at Skate Canada competitions as a Data Specialist Official.

Highest Tests passed: Gold Figure, Gold Free Skate, Senior Silver Dance, (Competitive) Skills Class 3, Novice Competitive Singles.

I coach Pre-School, CanSkate, StarSkate, Competitive and Adult skaters.

I very much enjoy coaching and my skaters have successfully passed CanSkate badges through to Gold StarSkate levels.